



Christa Kasehs

SONGBOOK

Since I said yes

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Big Fear

Wake up, wake up, come on
I often heard this call
I never thought that this old shout
came just from my own soul

Big fear was always my companion
this tyrant, yes I really know
he put me down in deep depression
told me to hide, forbidden to go.

Sometimes, when I felt joy and love
big fear commanded NO
he told me life is always rough
forbidden to laugh, forbidden to grow

Wake up, wake up, come on
I often heard this call
I never thought that this old shout
came just from my own soul

Wake up, wake up, come on
now I obey this call
I'm strong enough to dare big fear
it's time to trust my soul

Now big love is my new companion
she's all I'm ever longing for,
was always hidden in my own heart
and I want to know her more and more
Wake up, wake up, come on
now I obey this call
I'm strong enough to dare big fear
it's time to trust my soul



Christa Kasehs

Come on

(Katie Webster)

Well I met a little guy, just the other day
I said listen here baby, what I've got to say
I said you must be true, don't leave me blue
whatever you do, you and I are through

Yeah yeah yeah, come on
yeah yeah baby come on
come on pretty baby
baby want you please come on

I said love me once, never love me twice
whatever you do, you got to do it right
as I want you for myself, I don't want nobody else
and please pretty baby, don't put me on a shelves

Yeah yeah yeah, come on
yeah yeah baby come on
come on pretty baby
baby want you please come on



Christa Kasehs

Since I said yes

Since I'm creating my life, again and again
since I'm transforming my shadows and also my pain
since I have realized, that we are not alone
I'm of good cheer, that we'll all come home

Since I said yes to be a woman
I am so strong and I can see
a million tears which I have cried
are sparkling diamonds in reality

Since I'm creating my life, again and again
since I'm transforming my shadows and also my pain
since I have realized, that we are not alone
I'm of good cheer, that we'll all come home

Since I said yes to love my voice
since that time I've made a choice
that I shall sing for you and me
give me hope and set me free

Since I said yes to love myself
I no more longer have to fight
against my heart, against my life
just now I'm blessed to see the light

Since I'm creating my life, again and again
since I'm transforming my shadows and also my pain
since I have realized, that we are not alone
I'm of good cheer, that we'll all come home



Christa Kasehs

Step by step

Often I was thinking about
the troubles all around
I have lost myself
and I haven't found
an answer to my questions
I didn't comprehend
that living means to move and learning,
learning never ends

When I was a little girl
I've got so much advice
most of them were stupid
some of them were nice
but many years had to go by
till I decided to start
honouring my feeling and trustin',
trustin' my own heart

Now I am relaxed, my troubles are away
I don't care what some foolish people say
tell me, tell me, tell me, why I am so glad
this is the best time in my life, I've ever had

Just now I realize
that I've got good friends
they help me on my way
help me to find the sense
the meaning of my life
I've been searching for
I'm going step by step now
and I can see, I can see,
I can see clearly more and more



Christa Kasehs

I feel love

I wanna make you feel all right
that's all I wanna do
wanna make you shining bright
that's all I wanna do to you
I wanna make you satisfight
that's all I wanna do
cause I feel love, love for you

I don't know what you have done to me
I can't explain this mystery
but now I stop to worry about
cause I feel love for you
there's no more doubt

I wanna give you energy
that's all I wanna do
I wanna make you feeling free
that's all I wanna do to you
I wanna make you trusting me
that's all I wanna do
cause I feel love, love for you

I'm so glad about your sympathy
I like it when you put your arms around me
I feel good when you hold me tight
you someone who makes me feel all right

I wanna see you dancing
that's all I wanna do
wanna make you swinging
that's all I wanna do to you
I wanna hear you singing
that's all I wanna do
cause I feel love, love,
love for me and you



Christa Kasehs

Joy & fun

I wanna laugh at difficulties
wanna laugh away my fears
it's time for me
to risk a smile
cause that's the way to dry my tears
and makes my life worthwhile

I wanna let the good times roll
believe in joy and fun
it's time for me
to fall in love
cause everybody needs the sun
to grow and to get tough

Everyday I wanna think
about the flowers on my way
it's time for me
to excuse my sins
and when I'm singing everyday
it's sure that I will win

I wanna make the present moment
to a precious moment of my life
it's time for me
that my dreams come true
and learn to live just in the moment
is the best thing,
the best thing I can do



Christa Kasehs

Mother earth

Mother Earth, your heart is beatin'
for all your children, that's true
your love is strong, so deep and wide
help us makin' peace with you

Mother Earth we lost community
now we are no longer livin' true
we are sad, lonesome and blue
help us coming back to you

Mother Earth, when our hearts are closed
we never know, what's just to do
and we are prisoners of fears and destruction
help us to fall in love with you

Mother Earth, I am so thankful
for all you're givin' to me
your open heart, your wonderful love
please, please help me to see
please help me to see

Mother Earth, I wanna dance with you
I know that all my dreams are coming true
and I remember, that everything is flowing
always when I'm in love with you
always when I'm in love with you
always when I'm in love with you



Christa Kasehs

No beginning no end

Last night, I couldn't sleep
my head was full of many thoughts
I always try to find the key
try to find a way back to god

I'm worried about the greed for control
the pollution and the war
the exploitation of our mother earth
inhumanity and much more

No beginning, no end
who can imagine, can understand
no beginning, there's no end
I can't imagine, can't understand

An old idea grows in my heart
it gives me hope, it makes me glad
that we have many lives
and we can fail and try
there's no reason to be afraid

And I know, when I keep trying
I will finish my long way
and I will get my peace of mind
oh, I am sure I'll see the day

No beginning, no end
who can imagine, can understand
no beginning, there's no end
I can't imagine, can't understand



Christa Kasehs

Opposites

Loving all the opposites, which are inside of me
makes me tolerant and living in harmony
makes me tolerant and living in harmony

It's always in my hand to decide for right or wrong
always in my hand, feel powerless or strong
it's always in my hand, to be lucky or be sad
it's always in my hand, see clear or to be mad

Loving all the opposites, which are inside of me
makes me tolerant and living in harmony
makes me tolerant and living in harmony

Like I am treating my heart, it will be cold or warm
like I am treating my heart, I will feel rest or storm
like I am treating my heart, it will be dark or light
like I am treating my heart, I will get harmony or fight

To listen to my body, makes me strong and positive
listen to my body, will show me my way to live
listen to my body, cures all my old sores
listen to my body, will open me all doors

Loving all the opposites, which are inside of me
makes me tolerant and living in harmony
makes me tolerant and living in harmony



Christa Kasehs

Doin' with my heart

I love the sunshine I like the rain
I can feel joy and also the pain
I work all days and I sleep at night
there exists the darkness and also the light

Live seems complicated and most of it I can't explain
but everything I'm doing with my heart, will never be in vain

Somebody always wants to have fun
always wants to be walking in the sun
but I have understood, yes and I mean
that wisdom is also coming from within

Live seems complicated and most of it I can't explain
but everything I'm doing with my heart, will never be in vain

We must respect the rules of the universe
and be in love with mother earth
because everything is living
just now it's time for giving

Live seems complicated and most of it I can't explain
but everything I'm doing with my heart, will never be in vain

To be loving ourselves
learn to understand everybody else
to be constant searching for true live
is the big chance for us to survive

Live seems complicated and most of it I can't explain
but everything I'm doing with my heart, will never be in vain



Christa Kasehs

Wayfaring stranger

(Traditional)

I am a poor wayfaring stranger
travelling thru this world of woe
yet there's no sickness, toil or danger
in that bright land to which I go

I'm going there to see my father
I'm going there no more to roam
I'm only going over Jordan
I'm only going over home

I know dark clouds will hang around me
I know my way is rough and steep
yet beauteous fields lie just before me
where God's redeemed their vigils keep

I'm going there to see my mother
she said she'd meet me when I come
I'm only going over Jordan
I'm only going over home



Christa Kasehs

Wonderful garden

I found a wonderful garden
this garden is inside of me
I always tried to find this place
but I've never found the key

Just now there was an open door
and I walked into my heart
I met a woman who sad to me
that she's my second part

She told me, she's always staying here
knows all my troubles and fears
called me for a long long time
but I've ever closed my ears

This woman shines like a beautiful star
looks like a wishdream from me
she's soft and kind and really wise
and full of energy

And I'm so glad that I've met her
she's lightning up my heart
and now I promise and that's alright
that we will never part



Wild flowers

(Dolly Parton)

The hills were alive, with wild flowers
and I was as wild even wilder than they
for at least I could run,
they just died in the sun
and I refused to just wither in place

Just a wild mountain rose
needing freedom to grow
so I ran fearing not where I'd go
When a flower grows wild
it can always survive
wild flowers don't care where they grow

And the flowers I knew
in the fields where I grew
were content to be lost in the crowd
they were common and close
I had no room for growth
and I wanted so much to branch out

I uprooted myself from my homeground and left
took my dreams and I took to the road
when a flower grows wild
it can always survive
wild flowers don't care where they grow

I grew up fast and wild
and I never felt right
in a garden so different from me
I just never belonged
I just longed to be gone
so the garden one day set me free

Hitched a ride with the wind
and since he was my friend
I just let him decide where we'd go
When a flower grows wild
it can always survive
wild flowers don't care where they grow



Christa Kasehs

Resolution song

With all my resolution with all my might
I learn to love myself, I care to find the light
just now I've found my roots, I know where I belong
to love myself makes me clear and strong

Long times ago I've built a big, big wall around my heart
I was injured so deep, but now it's time to start
to pull it down and let all things flow
which I retained, oh yes, I wanna get to know

When I'm opening my old sores, when I'm watching my old fears
often I am weeping, hot, hot tears,
but when I remember my vision and my destiny
I feel the power, my spirit is growing, and then I'm free

I feel like waking up from a long, long sleep
and when I'm opening my heart, I can feel so deep
there's so much love and energy all around
and when I'm opening my ears I can hear a wonderful sound

With all my resolution with all my might
I learn to love myself, I care to find the light
just now I've found my roots, I know where I belong
to love myself makes me clear and strong